

Diocese of Wheeling-Charleston

Unit Planner

Name of Teacher: Michelle Riggs

Grade Level: 9-12

Subject Area: Health

Cross Curricular Opportunities: Anatomy/Physiology/Biology/Psychology
How the body reacts to certain medications, drugs of abuse, alcohol, tobacco and the psychological responses to these drugs as well as the short term and long term effects from them. Historical connection: Prohibition and a timeline event of the history of drugs (ex) The opiate based morphine was introduced in 1803 during the Civil War as an injectable pain reliever.

Unit Title: Drugs: The good, the bad, and the ugly!

Estimated Duration of Unit: 4 weeks

Overview of Unit: reviewing and emphasizing the negative and positive roles that medicine and drugs play in one's life and how to differentiate the two. We will also examine the short term and long term effects of alcohol and tobacco. We will also research the cost to families and society when individuals become addicted to alcohol, tobacco, and other drugs of abuse.

Forms of Text (non fiction/fiction): Health textbook: Holt Lifetime Health

Teaching Strategies: iPad re-
search: 1. review types of over
the counter and prescription
medications and their uses, also
their side effects. 2. Examine
and Compare WV/National rates
of tobacco, alcohol, and drugs of
abuse among teens and adults.3.
Exploring different local area
treatment options(ex) hospitals,
out-patient treatment, support
groups, Church. 4. Researching
current trends or popular drugs
teens are abusing. 5. Research
current events involving crime
and drug and/ or alcohol abuse.
"Is there a correlation between
the two?" Essays: 1. How our so-
ciety views alcohol and drug
abuse as a whole including per-
sonal reflection 2. Write letter
to someone that might be con-
sidering drugs, what would you
say to them. 3. How does alco-
hol or drug abuse affect fami-
lies? Cooperative learning as-
signments: students will create a
tobacco ad geared at young
children or teenagers showing
them the dangers of smoking 2.
Students will find an alcohol ad
they will recreate the ad from a
non-drinking standpoint making

Catholic Identity Connections: How does drug abuse, tobacco, and alcohol addiction distance us from our relationship with God and others? u.s.c.c.b. Ecumenical and inter religious issues. u.s.c.c.b. Guidelines Option C: Living as a Disciple Jesus Christ in Society Section III A Dignity of Human Life

Assessment (authentic/published - summative/formative): Discussions as we finish each section, quizzes after sections, Essays, Vocabulary quizzes from Unit. Final Test after each chapter within unit: matching, multiple choice, short answer, and essay questions.

Standards Addressed

Standard Number	Standards
hE.HS 2.01	Recognize cultural diversities and their influence on health behaviors (e.g. Alcohol, tobacco, and other drugs, life expectancy, risky behaviors)
HE.HS 2.02	Evaluate how media perspectives of health impact personal, family, and community health, (e.g,books, magazines, newspapers, radio, TV, Internet, cellphones, social networks.
HE.HS 2.05	Analyze ways peers, influence healthy and unhealthy behaviors (e.g. Positive and negative peer pressure)
HE.HS 4.01	Utilize effective communication skills concerning alcohol, tobacco, and other drugs, nutrition, sexuality, and relationships with peers, family, and others

Description of Activity	Resources	Date of Completion
Chapter/section discussions	Textbook	March 1-31
iPad research: different types of over the counter and prescription medications their uses and side effects, examine and compare WV statistics/national statistics regarding alcohol, tobacco, and drug abuse among teens and adults, local treatment options, current trends of popular drugs, current events involving crimes, and drugs, alcohol abuse	Internet	March 6, 13,20, 31
Essays exploring how society views drug abuse, how to deal with someone who may be considering doing drugs, whether or not you believe that drug abuse only affects the person is using them,	Textbook, iPad	March 1, 8, 15, 22
Labs: calculating one's own blood alcohol content using chart for drunk driving, alcohol simulator/ googles from another area school/drunken driving simulator sponsored by State Farm	Internet /simulator	March 9,14

Town Hall Meeting: guest speaker law enforcement: students were asked to submit questions to the speaker. Students were also given extra credit if they attended one of the area meetings that was being held locally. There were two during March!	Guest Speakers	March 27,
Cooperative learning assignments: creating tobacco ad that discourages teen use/ recreate popular alcohol ad that shows alcohol from a non drinking point of view	Internet, magazines, etc	March 10, 24

Differentiated Instruction Opportunities/Overview:

Cross Curricular Opportunities:

Standard Number	Standard Description		Resources	Date
	Anatomy/Physiology	How drugs affect different body functions	Textbook/iPad	March 1-31
	Biology	What biological factors increase risk of addiction	Textbook,iPad	March 1-31
	Psychology	Identify emotional and psychological responses to drugs	Textbook,iPad	March 1-31

Common Core Checklist

Writing

X	Paragraph
X	Essay (narratives, fairy tales, realistic fiction)
X	Summary
X	Research
X	Detailed answers (text supported)
X	Notes (note taking skills, outlines)
X	Complete sentences

Reading

X	Informational text
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	Lexile
	Complex literature
X	Speaking
X	Listening
X	Varied strategies and instructional methods
X	Critical thinking in whole class discussion
X	Student led activities
	common core standards (literature circles)
Technology	
X	Smartboard
X	Computers
X	iPads
X	Powerpoint, Elmo etc.
Differentiated Instruction	
X	Used multiple resources
X	Domain Vocabulary
X	Cross-Curricular
X	Collaborative engagement (meaningful feedback)
X	Higher level learning and teaching

Assessment	
X	Project based
X	Writing prompt
	Portfolio
X	Observation
X	Quiz
X	Technology based
X	Test
	Student created test
X	Presentation
	Journal
X	Think, pair, share
X	Summary
X	Oral questioning
X	Analogy
X	Powerpoint, or movie maker
Authenticity	
X	Various activities
X	Inquiry, research and evidence
X	Evidence of time management and planning

X

Problem solving strategies

Summary of Unit:

This unit is dedicated to having students learn about the positive and negative roles that drugs play in their lives. They will be able to review over the counter and prescription medication and be able to recognize what they treat and side effects that they may cause. They will understand the short-term, long-term effects of tobacco, alcohol, and other drugs of abuse. We looked at how drugs affect families, society, and our relationship with God, and where to go for help. This unit was comprised of classroom discussions, cooperative learning activities, simulations, guest speakers, research, writing assignments, and testing to enhance the learning opportunities of all students.